

Supplement 1. Assessment of quality of studies included using the Newcastle Ottawa Scale

Studies	Selection			Comparability		Outcome		Total
	Representativeness of exposed cohort	Selection of non-exposed cohort	Ascertainment of exposure	Demonstration that outcome of interest was not present at start of study	Comparability of cohorts based on basis of design or analysis	Assessments of outcomes	Was follow-up long enough for outcomes to occur	
Yang et al. [25] (2019)	*	*	*	*	**	*	*	9*
Moo et al. [17] (2020)	*	*	*	*	**	*	*	9*
Ryu et al. [16] (2021)	*	*	*	*	*	*	*	8*
Yson et al. [7] (2017)	*	*	*	*	*	*	*	7*
Wang et al. [14] (2019)	*	*	*	*	**	*	*	9*
Buyuk et al. [19] (2020)	*	*	*	*	**	*	*	9*
Nichols et al. [18] (2020)	*	*	*	*	*	*	*	8*
Bergin et al. [15] (2021)	*	*	*	*	**	*	*	9*
Villavicencio et al. [20] (2022)	*	*	*	*	**	*	*	9*