**Manuscript basic requirements:**

* All manuscripts should be written in English and submitted as MS Word files.
* The manuscript should be double-spaced on 21.6×27.9 cm (letter size) or 21.0×29.7 cm (A4) paper, with 3.0-cm top, bottom, and left margins.
* The text should be typed in 10-point Arial, Times New Roman, or Courier font and double-spaced.
* Pages should be consecutively numbered, with the abstract page as page 1.

**[Title page]**

Title: Write the title in lowercase characters except for the first word’s first character and any proper nouns, which should be capitalized.

Running head: Write the running head of the article.

Authors: First name, Last name, and highest academic degrees. Open Researchers and Contributors ID (ORCID) of all authors can be provided (optional), which can be registered and obtained from <https://orcid.org/>.

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Affiliations: Department, Institution, City, State or Province, Country. Use superscripted number to identify which author belongs to which department and institution.

Corresponding author information:

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Conflict of interest:Any potential conflicts of interest that could influence the authors’ interpretation of the data should be reported.

Funding: All sources of funding applicable to the study should be explicitly stated.

**Abstract**

The structured abstract should contain a maximum of 300 words.

Study design: Describe the research design.

Purpose: The aim of the study should be precisely described. It is recommended to add the hypothesis and/or research questions.

Overview of literature: Briefly summarize previously reported literature regarding the subject.

Methods: Study subjects, period, measurements, and the statistical analysis should be described.

Results: The main results should be described.

Conclusions: The conclusions drawn from the work. Should present an answer to the purpose, hypothesis, or research questions.

Keywords: Up to five keywords can be provided. Authors are recommended to use the MeSH database (<http://www.nlm.nih.gov/mesh/>) to find keywords.

**Key points:** Please write 3 to 5 key points of the study in bulletin form.

• Key point 1

• Key point 2

• Key point 3

• Key point 4

• Key point 5

**Introduction:** State the purpose and scientific background of the article. Lead systematically to the hypothesis of the study and finally, to a restatement of the study objectives. Do not provide conclusions in the introduction.

**Materials and Methods:**

Ethics statement: Studies performed using clinical samples or data and those involving animals must include information on the IRB/ethics committee approval or waiver and informed consent. An example is as follows. “We conducted this study in compliance with the principles of the Declaration of Helsinki. The study’s protocol was reviewed and approved by the Institutional Review Board of OO (IRB No. OO). Written informed consents were obtained / Informed consent was waived.”

Study design: The study design should be described. It is recommended to describe the guideline used for the manuscript. A good source of reporting guidelines is the EQUATOR Network (<https://www.equator-network.org/>) and the NLM (<https://www.nlm.nih.gov/services/research_report_guide.html>).

Describe study settings, participants, variables, and statistical analysis of the study.

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**Discussion:** Data should be interpreted to demonstrate whether they affirm or refute the original hypothesis. Discuss elements related to the study’s purpose and present the rationales that support the conclusion drawn by referring to relevant literature. Care should be taken to avoid information obtained from books, historical facts, and irrelevant information. A discussion of study weaknesses and limitations should be included.

**Conclusions:** Conclusions derived from the results should be described in one to two sentences and must match the study objectives.

**Acknowledgements:** A non-author writer who has contributed to the manuscript should be credited in an acknowledgement footnote.

**References**

References must be numbered consecutively in order of first appearance in the text and should be given in a separate, double-spaced list. The number of references is limited to 30 for original articles. Only references to published work should be used. Reference citations in the text should be identified by numbers in square brackets. (Example: Negotiation research spans many disciplines [1]. This result was later contradicted by Cho [2], Kim and Lee [3], and Choi et al. [4]. This effect has been widely studied [3-6,8].)  
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[Example:

Author name 1 (data curation, investigation)

Author name 2 (investigation, data curation, writing-original draft)]